



NEWSLETTER

MORE DISCIPLINE REQUIRED

Keep the competitive spirit but lose the unnecessary aggression

ILL DISCIPLINE

This is not the way we would usually welcome in the New Year but we need to send out strong messages.

- Never allow your game to be abandoned. Do not give the referee just cause to stop the game short. If this happens, it usually means there has been sufficient serious reason for such action.
- Incidents of racial abuse are still with us and are in no way tolerated and any proven case will be dealt with appropriately. There is no reason why this should rear it's ugly head in our leagues.
- If you have a grievance with a referee, refer the matter to the committee in the correct fashion and we WILL deal with it. Confronting him in an aggressive manner leads to all sorts of issues that has strong repercussions. Send in a letter to the General Secretary who will instigate an investigation and the matter should then reach a conclusion that should benefit everyone.
- As football is a contact sport we expect there to be some confrontation, but these should be sorted out in a sporting manner and any inappropriate behaviour should then be reported when the dust has settled.
- Please do not bring yourself, your team and your league into disrepute because it can be costly, disruptive and totally unnecessary.

FIXTURE CONFIRMATION

Please remember to confirm your game by 8.30pm on the Wednesday before the game takes place. This should be done by the HOME team who confirms with the opposition and Referee.

- Venue
- Colours (The AWAY team changes if there is deemed to be a clash) Please bear in mind that the referee has the last say on this matter and may insist on a change.

The next meeting :

Club Council

Thursday 9th February 2006
M&B Club, Dagenham Road
Start 20:00hrs

CLUB DIRECTORY

www.esfconline.co.uk

This page has been updated on the official league website. Please take time out to look at this page and report, via the site, any information which is incorrect or needs updating.

FACILITIES REQUIREMENT FOR SENIOR TEAMS

Follow-up....

After the initial response at last months Club Council I hope you can now see the Leagues point of view regarding the facilities and set-up of the Senior Division. Although not directly aimed at any team, those who feel they are affected are being given advanced notice that the ESFC is taking steps to ensure the continued survival of the league as one of the most progressive and competitive in the area. We do not want our standards to drop to such a point that no-one wants to play football for an establishment which does not have the interests of it's member clubs at heart.

Please remember though that Senior teams have attained their positions through hard work and investment in facilities, training, management and success on the pitch. Those activities should be recognised and our Senior Division is our flagship as this is usually the aim of every team to get to play at the highest level. I know how proud many of those teams are to get there and be recognised as one of the best around.

A point was raised about those teams being sponsored, but not all of them are. But their management has found them appropriate pitches and facilities and the cost to them has been borne in other ways. If you make the effort and think like

a Senior team, you will become one.

I have sympathy with those teams who feel they are tied and have little alternative, but unless you make the effort and enquire as to what is available then you won't know. If the pressure is put on the local councils to upgrade their amenities then we will support your applications in whichever way we can.

Remember too that some teams will fold from season to season and this will make certain pitches become available.

We intend to phase this in over the next few years by having minimum requirements and we expect those affected to be making some kind of effort to confirm to the standards expected of the Senior teams.

You ought to know that this has come about after several discussion with some of our current top flight teams and we have promised to respond.

Top players at this level are not inspired to turn out on a cold morning when they are faced with a trip to some of our pitches and this puts the very existence of our flagship teams at risk. It is difficult enough to raise a team throughout the whole of the season as it is and if they find themselves having to change in cars and not being able to have a hot shower then you will find your team short of numbers and quality.

Please let us know if you have problems that cannot be overcome. But I am sure that, with a little extra effort, we can all achieve a positive resolution.

SCORE SUBMISSION

I have been warned that we have not levied any fines for late submission of scores. There from this moment, 5.30pm on Sundays is the cut-off time, as per rule-book.

VENUE CHANGES

Please be aware that some fixtures will have had their venues reversed so please make sure when confirming the game. The first named team is designated the home team in usual circumstances and above all else is responsible for submitting the score.

22nd January 2006				
ESFC Premier Cup	Eastside FC	Rainham WMC FC	Fairlop Oak	Woods, T
	Heathside Utd	Highgrove Utd	St Chads Park	Shanahan, Patrick
	Sth Ilford Catholics	Atoc FC	South Park	Rivett, Dave
Charlie White Cup SF	Global FC	Ideal FC	Thames Water Ground	Medcalf, Clive (R Flowers & S Foster)
J Lizzimore Cup SF	Barking Rangers	Plastonia FC	London Playing Fields	Chilvers, Ian (C Colley & J Hussey)
J Lizzimore Cup SF	Liberty FC	Vernon FC	Barking Park	Lamothe, R (M Sterling & S Bridgehouse)
ESFC Senior Division	Dagenham Sports	Lowhall FC	Barking Park	Baker, Derek
	St Anthony's	Medhurst FC	Wanstead Flats	Roguez, Olivier
First Division	Aventis FC	Lakeview FC	M&B Club	Dilworth, Matt
	Evolution FC	Eastway	Parsloes Park	Cross, David
	Romstar FC	East Thames AFC	London Playing Fields	Bright, Dennis
Second Division	Chester FC	Uphorn Park	Central Park	Quinn, Martin
	Lakeview Reserves	Victoria Cross	Fairlop Oak	Argue, John
Third Division	Dalton Sports	Bridgehouse FC	Parsloes Park	Moffat, Jerry
	Singer Utd	St Anthony's "A"	Wanstead Flats	Everett, Keith
	West Ham DFC	Sibthorpe FC	London Playing Fields	Margiotta, Steve
29th January 2006				
ESFC Premier Cup	Asphaltic FC	Medhurst FC	Oakfield	Bright, Dennis
	Goodmayes Meds	Sibthorpe FC	Goodmayes Hospital	Dilworth, Matt
	Singer Utd	Station Garage	Wanstead Flats	Chilvers, Roger
Charlie White Cup	Eastside FC	St Anthony's	Wanstead Flats	Roguez, Olivier
Morfeys Cup	Aventis FC	East Thames AFC	Lyle Park	Ball, Colin
Beitler Cup SF	Hardy Athletic FC	Little Heath	Central Park	Flowers, R (J Hussey & J Berry)
Beitler Cup	Lodge Valley	St Anthony's "A"	Parsloes Park	Sterling, Micky
ESFC Senior Division	Dagenham Sports	Global FC	Barking Park	Cresswell, Roy
	Sth Ilford Catholics	Lowhall FC	South Park	Lamothe, R
First Division	Eastway	Evolution FC	Barking Park	Foster, Steve
	Highgrove Utd	Romstar FC	Central Park	Quinn, Martin
	Lakeview	Atoc FC	Power League	Margiotta, Steve
Second Division	Emerhorns	Liberty FC	Fairlop Oak	Rivett, Dave
	Rainham WMC FC	Barking Rangers	Rainham Working Mens Club	Colley, Chris
	Uphorn Park	Victoria Cross	Central Park	Chilvers, Ian
5th February 2006				
ESFC Premier Cup	West Ham DFC	Lakeview Reserves	London Playing Fields	Argue, John
ESFC Senior Division	Eastside FC	Lowhall FC	Fairlop Oak	Woods, T
	Heathside Utd	Global FC	St Chads Park	Quinn, Martin
	Sth Ilford Catholics	Dagenham Sports	South Park	Dilworth, Matt
First Division	Atoc FC	Aventis FC	Central Park	Shanahan, Patrick
	Evolution FC	Highgrove Utd	Parsloes Park	Medcalf, Clive
	Lakeview FC	Romstar FC	Fairlop Oak	Cresswell, Roy
Second Division	Barking Rangers	Victoria Cross	London Playing Fields	Bright, Dennis
	Chester FC	Rainham WMC FC	Central Park	Cross, David
	Liberty FC	Plastonia FC	Barking Park	Roguez, Olivier
Third Division	Bridgehouse FC	Lodge Valley	Maysbrook Park	Colley, Chris
	Singer Utd	Sibthorpe FC	Wanstead Flats	Lamothe, R
	St Anthony's "A"	Goodmayes Meds	Wanstead Flats	Everett, Keith
12th February 2006				
Morfeys Cup SF	Station Garage	Eastway	Parsloes Park	Rivett, Dave (J Hussey & J Berry)
ESFC Senior Division	Global FC	St Anthony's	Thames Water Ground	Bright, Dennis
	Ideal FC	Sth Ilford Catholics	Wanstead Flats	Dilworth, Matt
	Medhurst FC	Eastside FC	Oakfield	Shanahan, Patrick
First Division	Asphaltic FC	East Thames AFC	Fire Brigade Ground	Cresswell, Roy
	Highgrove Utd	Aventis FC	Central Park	Everett, Keith
	Romstar FC	Atoc FC	London Playing Fields	Chilvers, Roger
Second Division	Emerhorns	Victoria Cross	Fairlop Oak	Sterling, Micky
	Lakeview Reserves	Barking Rangers	Fairlop Oak	Cross, David
	Rainham WMC FC	Liberty FC	Rainham Working Mens Club	Chilvers, Ian
	Uphorn Park	Vernon FC	Central Park	Foster, Steve
Third Division	Goodmayes Meds	Dalton Sports	Goodmayes Hospital	Atchison, Sean
	Little Heath	Hardy Athletic FC	Parsloes Park	Moffat, Jerry
	Sibthorpe FC	Lodge Valley	Parsloes Park	Roguez, Olivier
	St Anthony's "A"	Bridgehouse FC	Wanstead Flats	Bridgehouse, Steve

Score Centre

Dagenham Post Report

Cup action dominated proceedings on the opening weekend of the New Year. The Ernie George Trophy offered up several intriguing ties and none more so than the match-up of Global and Medhurst. What a fixture this turned out to be as regulation time failed to settle the contest and the extra period was needed to separate the two giants of the Essex Sunday Football Combination. Medhurst won the league game just recently but found this cup tie one step too far as Global edged out a 5-3 victory. Elsewhere, Lowhall and South Ilford Catholics fought out a thriller of a contest that needed a penalty shoot-out to decide the winner. Lowhall eventually came out on top but both teams gave their all in a tight contest while Lakeview will be celebrating after upending Eastway 3-0. In the last of the ties, Aventis upstaged their higher league opponents in a fiery encounter but the 2-0 scoreline does not tell the whole story. In the McDougall Cup, Third Division Singer Utd caused a minor upset with a 3-2 victory over Vernon who have been enjoying a good recent run in the Second while Victoria Cross overturned league form with a 4-2 triumph at Plastonia. Barking Rangers had a relatively easy time recording a 5-0 win over St Anthony's "A" while Bridgehouse proved much too hot for Uphorn Park despite the gap in divisions between them. Sibthorpe must have thought they would have an easier weekend but found West Ham DFC in determined mood before carving out a close 1-0 win. Special mention this week must go to East Thames AFC who played Enfield Crusaders in the 4th Round of the London Sunday Junior Cup and kept the league flag flying with a tremendous 2-1 win while Evolution, despite goals from Kevin Richards & Gary Bessent, were eliminated from the Essex Sunday Junior Trophy after extra time. Finally, in League action, Atoc finally came good and moved off the foot of the First Division table with a resounding 2-0 win over Station Garage, who themselves had a chance of going to the top of the table. In the Second Division, Chester moved back into the second promotion place with a comfortable 3-0 victory over Lakeview Reserves while Rainham WMC enjoyed the same scoreline over Emerhorns. In the Third Division, Dalton Sports came back to form with a smashing 7-1 win over Little Heath and the two teams have swapped places in the table.

Date	Division	Home Team	H	Away Team	A
11/12/2005	Beitler Cup	Dalton Sports	1	Hardy Athletic FC	2
	ESFC Senior Division	Eastside FC	8	Dagenham Sports	2
	ESFC Senior Division	Global FC	0	Medhurst FC	2
	ESFC Senior Division	St Anthony's	0	Lowhall FC	3
	ESFC Senior Division	Sth Ilford Catholics	1	Ideal FC	2
	First Division	Atoc FC	0	Highgrove Utd	2
	First Division	Evolution FC	0	Aventis FC	1
	First Division	Lakeview FC	0	Station Garage	2
	Second Division	Barking Rangers	2	Uphorn Park	1
	Second Division	Chester FC	4	Emerhorns	0
18/12/2005	Second Division	Liberty FC	4	Victoria Cross	2
	Second Division	Plastonia FC	4	Lakeview Reserves	0
	Second Division	Rainham WMC FC	5	Vernon FC	6
	Third Division	Bridgehouse FC	7	St Anthony's "A"	1
	Third Division	Singer Utd	1	Little Heath	1
	ESFC Premier Cup	Aventis FC	4	Emerhorns	3
	ESFC Premier Cup	East Thames AFC	5	Dagenham Sports	0
	ESFC Premier Cup	Eastway	5	Lodge Valley	0
	ESFC Premier Cup	Hardy Athletic FC	0	Lakeview FC	2
	ESFC Premier Cup	Ideal FC	A	Chester FC	A
	ESFC Premier Cup	Liberty FC	4	St Anthony's	2
	ESFC Premier Cup	Medhurst FC	P	Asphaltic FC	P
	ESFC Premier Cup	St Anthony's "A"	3	Lowhall FC	5
	ESFC Premier Cup	Station Garage	P	Singer Utd	P
	ESFC Senior Division	Heathside Utd	P	Eastside FC	P
	ESFC Senior Division	Sth Ilford Catholics	P	Global FC	P
	First Division	Romstar FC	0	Highgrove Utd	7
	Second Division	Lakeview Reserves	2	Vernon FC	3
	Second Division	Victoria Cross	3	Rainham WMC FC	5
	Third Division	Little Heath	1	Sibthorpe FC	3
08/01/2006	Ernie George Trophy	Aventis FC	A	Eastside FC	A
	Ernie George Trophy	Eastway	0	Lakeview FC	3
	Ernie George Trophy	Evolution FC	c	Heathside Utd	c
	Ernie George Trophy	Global FC	5	Medhurst FC	3
	Ernie George Trophy	Sth Ilford Catholics	3	Lowhall FC	5
	ESFC Senior Division	Dagenham Sports	c	Ideal FC	c
	ESFC Senior Division	St Anthony's	1	Heathside Utd	4
	First Division	Atoc FC	2	Station Garage	0
	Joe McDougall Cup	Barking Rangers	5	St Anthony's "A"	0
	Joe McDougall Cup	Bridgehouse FC	4	Uphorn Park	1
	Joe McDougall Cup	Plastonia FC	2	Victoria Cross	4
	Joe McDougall Cup	Singer Utd	3	Vernon FC	2
	Joe McDougall Cup	West Ham DFC	0	Sibthorpe FC	1
	Second Division	Chester FC	3	Lakeview Reserves	0
	Second Division	Rainham WMC FC	3	Emerhorns	0
	Third Division	Dalton Sports	7	Little Heath	1

County Competitions

Essex Sunday Junior Trophy
Evolution lost to Kenilworth

London Sunday Junior Cup
East Thames 2-1 Enfield Crusaders

County Competitions

5th February 2006
Fifth Round

London Sunday Junior Cup
A Team or Crownfield vs EAST THAMES
Good luck & Best Wishes

ESFC Senior Division

POS		P	HW	HD	HL	HF	HA	AW	AD	AL	AF	AA	W	D	L	F	A	GD	PTS
1	Lowhall FC	11	5	0	2	14	12	1	1	2	8	8	6	1	4	22	20	2	19
2	Ideal FC	10	1	2	0	11	6	4	1	2	13	9	5	3	2	24	15	9	18
3	Medhurst FC	9	2	0	1	4	2	3	1	2	9	5	5	1	3	13	7	6	16
4	Global FC	7	5	0	1	17	8	0	0	1	1	2	5	0	2	18	10	8	15
5	Heathside Utd	8	1	2	1	7	7	3	1	0	9	4	4	3	1	16	11	5	15
6	Eastside FC	8	3	1	1	17	9	1	0	2	10	9	4	1	3	27	18	9	13
7	Sth Ilford Catholics	8	2	0	1	5	3	1	0	4	4	8	3	0	5	9	11	-2	9
8	St Anthony's	8	1	0	3	3	9	0	1	3	4	10	1	1	6	7	19	-12	4
9	Dagenham Sports	9	1	0	3	5	12	0	0	5	10	28	1	0	8	15	40	-25	3

First Division

POS		P	HW	HD	HL	HF	HA	AW	AD	AL	AF	AA	W	D	L	F	A	GD	PTS
1	Aventis FC	11	4	0	3	14	13	2	2	0	8	5	6	2	3	22	18	4	20
2	Highgrove Utd	8	3	1	0	12	1	3	0	1	13	3	6	1	1	25	4	21	19
3	Station Garage	10	3	1	0	12	5	3	0	3	8	8	6	1	3	20	13	7	19
4	Evolution FC	10	3	0	2	12	7	3	0	2	8	5	6	0	4	20	12	8	18
5	Eastway	10	3	2	1	16	10	1	1	2	8	10	4	3	3	24	20	4	15
6	Asphaltic FC	11	2	1	3	10	12	2	1	2	11	17	4	2	5	21	29	-8	14
7	East Thames AFC	7	1	0	2	3	6	1	2	1	11	8	2	2	3	14	14	0	8
8	Atoc FC	10	2	1	2	6	6	0	1	4	2	11	2	2	6	8	17	-9	7
9	Lakeview FC	8	0	1	2	3	10	2	0	3	8	12	2	1	5	11	22	-11	7
10	Romstar FC	9	0	0	4	2	16	2	0	3	9	11	2	0	7	11	27	-16	6

Second Division

POS		P	HW	HD	HL	HF	HA	AW	AD	AL	AF	AA	W	D	L	F	A	GD	PTS
1	Liberty FC	10	5	1	0	19	8	4	0	0	13	3	9	1	0	32	11	21	28
2	Chester FC	12	3	2	1	14	6	4	1	1	19	10	7	3	2	33	16	17	24
3	Plastonia FC	12	4	0	2	16	11	4	0	2	11	8	8	0	4	27	19	8	24
4	Vernon FC	12	3	0	2	10	10	2	4	1	21	21	5	4	3	31	31	0	19
5	Rainham WMC FC	11	2	0	3	11	14	3	0	3	15	14	5	0	6	26	28	-2	15
6	Barking Rangers	9	2	1	2	9	9	1	1	2	5	6	3	2	4	14	15	-1	11
7	Emerhorns	11	0	1	3	5	10	3	0	4	9	14	3	1	7	14	24	-10	10
8	Lakeview Reserves	10	2	1	3	11	13	0	2	2	3	10	2	3	5	14	23	-9	9
9	Victoria Cross	12	1	3	3	14	17	0	1	4	8	16	1	4	7	22	33	-11	7
10	Uphorn Park	9	0	1	3	4	13	1	1	3	7	11	1	2	6	11	24	-13	5

Third Division

POS		P	HW	HD	HL	HF	HA	AW	AD	AL	AF	AA	W	D	L	F	A	GD	PTS
1	Bridgehouse FC	12	6	0	0	25	4	5	0	1	16	9	11	0	1	41	13	28	33
2	Hardy Athletic FC	12	3	0	2	14	12	4	1	2	13	11	7	1	4	27	23	4	22
3	Sibthorpe FC	10	5	0	1	22	11	2	0	2	8	5	7	0	3	30	16	14	21
4	Lodge Valley	7	3	1	1	22	5	1	1	0	5	1	4	2	1	27	6	21	14
5	Goodmayes Meds	9	1	0	2	7	8	3	0	3	10	18	4	0	5	17	26	-9	12
6	Singer Utd	9	0	1	3	2	10	3	1	1	13	14	3	2	4	15	24	-9	11
7	Dalton Sports	9	2	1	2	11	7	1	0	3	8	11	3	1	5	19	18	1	10
8	West Ham DFC	8	1	0	3	5	7	2	0	2	9	13	3	0	5	14	20	-6	9
9	Little Heath	11	1	1	4	13	15	1	1	3	9	17	2	2	7	22	32	-10	8
10	St Anthony's "A"	9	0	0	4	3	17	0	0	5	5	25	0	0	9	8	42	-34	0